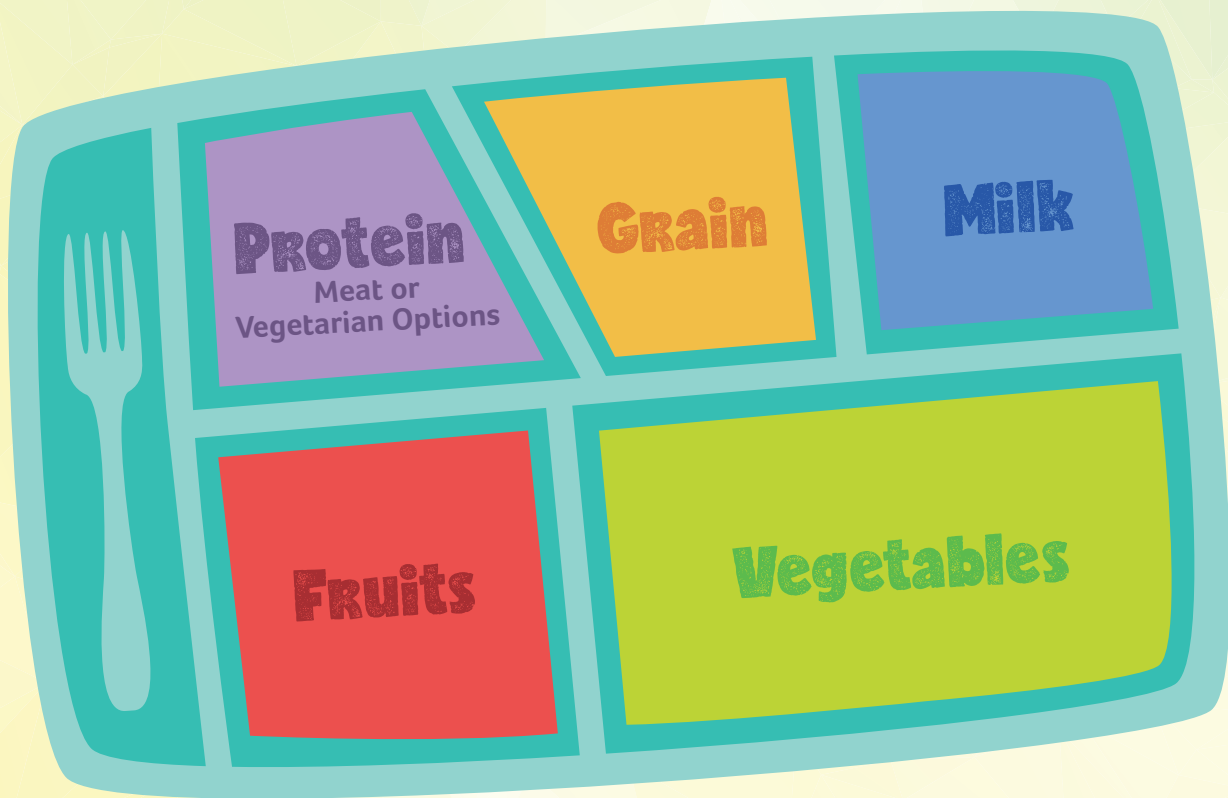


# Build Your Own Lunch



CHOOSE AT LEAST

IT'S  
EASY!

**1** **FRUIT** or **1** **VEGETABLE** + **2** **OTHER** **FOODS**

TO MAKE A MEAL

\*Extra servings of the same food or 6 or more foods will result in an additional charge.

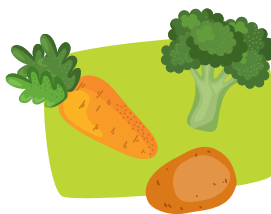
# REIMBURSABLE MEAL

## High School Lunch

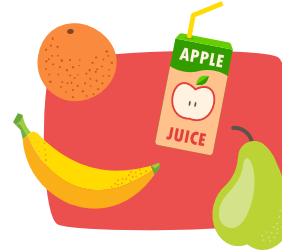
**STUDENTS**  
must select a  
minimum of  
**3 MEAL  
COMPONENTS**  
at least one of which  
must be a **FRUIT**  
or **VEGETABLE**

Extra full servings  
from any food group  
will be charged at  
à la carte prices

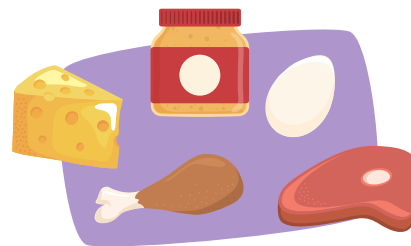
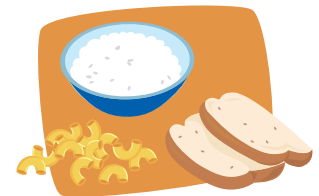
vegetables



fruits



bread/grain



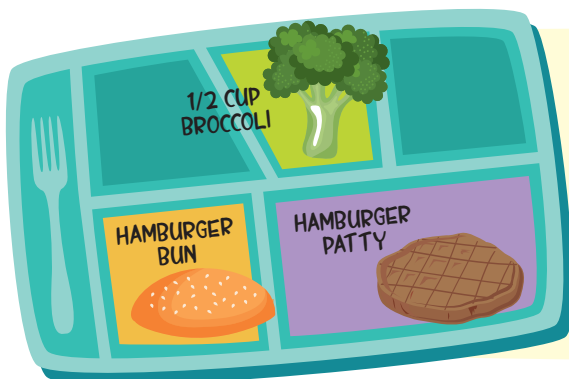
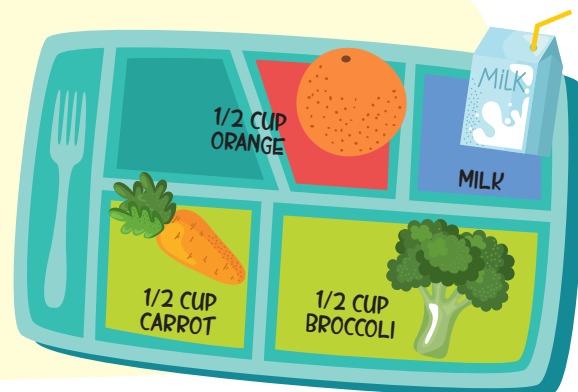
meat/meat alternate



milk

### Minimum Required Option 1

1 fruit AND 2 vegetables  
PLUS a minimum of 1 other component  
OR  
2 fruits AND 1 vegetable  
PLUS a minimum of 1 other component



### Minimum Required Option 2

1/2 cup fruit OR 1/2 cup vegetable  
PLUS a minimum of 2 full servings  
from other food groups are  
required for a reimbursable meal