

ACTION PLAN: HIGH SCHOOL JUNIORS

Fall

Take the PSAT/NMSQT

- At school, sign up early to take the PSAT/NMSQT® in October. Get [PSAT/NMSQT tips and a free practice test](#).

Start Your College Search

- Start with you: Make lists of your abilities, preferences, and personal qualities. List things you may want to study and do in college.
- Jumpstart your college planning by [reading about majors and careers](#).
- Use College Search to find colleges with the right characteristics.

Start Thinking about Financial Aid

- Talk to your counselor about your college plans and attend college night and financial aid night at your school. [Use financial aid calculators to estimate your aid eligibility and college costs](#).

Winter

Plan Your Spring Testing Schedule

- You can take either the SAT Reasoning Test™ or up to three SAT Subject Tests™ on one test day. Plan your testing schedule carefully if you want to take both types of SAT®. See the [SAT schedule of test dates](#) and [register online for the SAT](#).
- Use the access code on your PSAT/NMSQT score report to sign in to [My College QuickStart™](#). With this personalized planning kit, you can prepare for the SAT using a study plan based on your PSAT/NMSQT results and explore lists of suggested colleges, majors, and careers.

Spring

Get Ready for the SAT

- [Visit the SAT Preparation Center™](#) to take a free full-length official practice test and get a score and skills report. Be sure to sign up for [The Official SAT Question of the Day™](#) for daily practice.

Explore Colleges

- Start visiting local colleges: large, small, public, and private. Get a feel for what works for you. Develop a list of 15-20 colleges that interest you. [Search for colleges and use My College List](#).

Prepare for AP® Exams

- Do well on AP Exams and receive credit or placement at most colleges. Get [AP Exam preparation](#).

Plan Ahead for the Summer & Senior Year

- Review your senior year class schedule with your counselor. Challenge yourself with honors and AP classes and stick with sequences you've begun, in the languages, for example. Read about [how to select your courses](#).
- Plan summer activities early. Enrich yourself by volunteering, getting an interesting [job or internship](#), or signing up for [special summer learning programs](#).

Summer

Keep Your Momentum Up This Summer

- Visit colleges. Take campus tours and, at colleges you're serious about, schedule interviews with admissions counselors. Be sure to bring your [campus visit checklist](#).
- Request applications from colleges to which you'll apply. Check important dates; some universities have early dates or rolling admissions. Consult the [College Application Calendar](#) and the [Financial Aid Calendar](#) for a basic idea of the applications timeline.
- Student athletes wishing to continue playing in college at the Division I or II level must register with the NCAA Eligibility Center during the summer of their junior year. Information regarding NCAA eligibility can be found on their [website](#). You can also visit the [CollegeBoard website](#) for NCAA eligibility basics.