








North Tonawanda Middle Lunch

November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>1 Orange Popcorn Chicken Turkey and Cheese Sandwich Egg Chef Salad w/ Cracker</p> <p>Rice, Broccoli Diced Pears, Fresh Apple</p> <p>8 Soft Shell Chicken Tacos Turkey and Cheese Sandwich Egg Chef Salad w/ Cracker</p> <p>Rice, Baby Carrots Fresh Apple, Diced Pears</p>	<p>2 Chicken and Cheese Quesadilla Ham and Cheese Sandwich Chicken Nacho Salad w/ Chips</p> <p>Corn, Carrots Mixed Fruit, Apple Juice</p> <p>9 Hot Dog Ham and Cheese Sandwich Chicken Nacho Salad w/ Chips</p> <p>French Fries, Corn Diced Pears, Apple Juice</p>	<p>3 Chicken Nuggets w/ Roll Bologna and Cheese Sandwich Cobb Salad w/ Goldfish</p> <p>Green Beans, Tomatoes Applesauce, Fresh Pear</p> <p>10 Lumberjack Bowl Bologna and Cheese Sandwich Cobb Salad w/ Goldfish</p> <p>Corn, Broccoli Fresh Orange, Diced Pears</p>	<p>4 Bacon Cheeseburger Egg Salad Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tater Tots, Celery Mixed Fruit, Fruit Juice</p> <p>11</p> 	<p>5 BBQ Chicken Sandwich Turkey and Cheese Sandwich Fruit and Yogurt Salad w/ Roll</p> <p>Veggie Beans, Cucumbers Diced Peaches, Fresh Orange</p> <p>12</p> 	<p>Special News... Daily Choices:</p> <p>Monday, Wednesday and Friday Plain or Spicy Chicken Patty</p> <p>Tuesday and Thursday Cheese or Pepperoni Pizza</p>
<p>15 Mac and Cheese Turkey and Cheese Sandwich Egg Chef Salad w/ Cracker</p> <p>Cucumbers, Broccoli Diced Pears, Fresh Apple</p> <p>22 French Toast Sticks w/ Sausage Turkey and Cheese Wrap Egg Chef Salad w/ Cracker</p> <p>Tater Tots, Cucumbers Mixed Fruit, Orange Juice</p>	<p>16 Chicken Nuggets w/ Roll Ham and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Broccoli, Tomatoes Mixed Fruit, Apple Juice</p> <p>23 Popcorn Chicken w/ Roll Ham and Cheese Sandwich Chicken Nacho Salad w/ Chips</p> <p>BBQ Beans, Baby Carrots Fresh Pear, Mixed Fruit</p>	<p>17 Cheese Pizza Sticks Bologna and Cheese Sandwich Cobb Salad w/ Roll</p> <p>Baby Carrots, Celery Diced Pears, Fresh Apple</p> <p>24</p> 	<p>18 Beef Nachos Egg Salad Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Veggie Beans, Cucumbers Mixed Fruit, Fruit Juice</p> <p>25</p> 	<p>19 Corn dog Turkey and Cheese Sandwich Fruit and Yogurt Salad w/ Roll</p> <p>Tater Tots, Cucumbers Mixed Fruit, Orange</p> <p>26</p> 	
<p>29 Grilled Cheese w/ Tomato Soup Turkey and Cheese Wrap Egg Chef Salad w/ Cracker</p> <p>Green Beans, Tomatoes Applesauce, Fresh Apple</p>	<p>30 BBQ Chicken Sandwich Ham and Cheese Sandwich Chicken Nacho Salad w/ Chips</p> <p>Tater Tots, Baby Carrots Mixed Fruit, Apple Juice</p>	<p>1 Turkey and Gravy over Mashed Potatoes Bologna and Cheese Sandwich Cobb Salad w/ Goldfish</p> <p>Mashed Potatoes, Corn Diced Peaches, Fresh Pear</p>	<p>2 Baked Chicken w/ Roll Egg Salad Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Broccoli, Carrots Mixed Fruit, Orange Juice</p>	<p>3 Cheeseburger Turkey and Cheese Sandwich Fruit and Yogurt Salad w/ Roll</p> <p>Veggie Beans, Cucumber Diced Pears, Fresh Orange</p>	

**Offered Daily:
Peanut butter and Jelly w/ Cheese stick**



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Menus are subject to change without notice.