North Tonawanda Middle School Lunch



March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Beef Nachos Egg Chef Salad w/ Roll Side Salad, Broccoli Assorted Fruit BBQ Pulled Pork Sandwich Egg Chef Salad w/ Roll Corn, Red Pepper Strips Assorted Fruit	27 Lumberjack Bowl Beef Nacho Salad w/ Chips Baby Carrots, Green Peppers Assorted Fruit 5 Buffalo Chicken Flatbread Beef Nacho Salad w/ Chips Celery and Carrot Sticks	Bacon Cheeseburger Chicken Chef Salad w/ Roll French Fries, Green Pepper Strips Assorted Fruit Beef Nachos Chicken Chef Salad w/ Roll Mexi Rice, Broccoli Assorted Fruit	Taco in a Bag Fruit and Yogurt w/ Goldfish BBQ Beans, Grape Tomatoes Assorted Fruit Cheese Pizza Sticks Fruit and Yogurt w/ Goldfish BBQ Beans, Grape Tomatoes Assorted Fruit	Buffalo Chicken Pizza Popcorn Chicken Salad w/ Roll Side Salad, Broccoli Assorted Fruit French Toast Sticks w/ Sausage Popcorn Chicken Salad w/ Roll Hashbrown, Broccoli Assorted Fruit	Special News Daily Choices: Monday, Wednesday and Friday Cheese or Pepperoni Pizza
11 Broccoli and Cheese Baked Potato Egg Chef Salad w/ Roll Side Salad, Broccoli Assorted Fruit	Assorted Fruit 12 Cheese Pizza Sticks Beef Nacho Salad w/ Chips Celery and Carrot Sticks Assorted Fruit	Cheeseburger Chicken Chef Salad w/ Roll Veggie Beans, Grape Tomatoes Assorted Fruit	Chicken and Cheese Quesadilla Fruit and Yogurt w/ Goldfish Side Salad, Green Pepper Strips Assorted Fruit	Buffalo Chicken Pizza Popcorn Chicken Salad w/ Roll French Fries, Broccoli Assorted Fruit	Tuesday Plain or Spicy Chicken Patty Thursday Hamburger or Cheeseburger
Taco in a Bag Egg Chef Salad w/ Roll Tater Tots, Broccoli Assorted Fruit	19 Buffalo Chicken Flatbread Beef Nacho Salad w/ Chips Baby Carrots, Green Peppers Assorted Fruit	Turkey and Gravy over Mashed Potatoes Chicken Chef Salad w/ Roll BBQ Beans, Corn Assorted Fruit	Meatball Sub Fruit and Yogurt w/ Goldfish Side Salad, Red Pepper Strips Assorted Fruit	22 French Toast Sticks w/ Sausage Popcorn Chicken Salad w/ Roll Hashbrown, Broccoli Assorted Fruit	LUNCHES ARE FREE FOR ALL STUDENTS
Sping Break	Spring Break	Sping **Beak	Spring *Break	Sping *Break	
					Menus are subject to change without notice.

Offered Daily: Peanut butter and Jelly w/ Cheese stick

1% or Fat Free Milk

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