



Elementary Lunch October 2021

27 Orange Popcorn
Chicken
Turkey and Cheese
Wrap
Egg Chef Salad w/
Roll

Rice, Broccoli
Diced Pears, Fresh
Apple

28 Chicken and Cheese
Quesadilla
Ham and cheese
Sandwich
Beef Nacho Salad w/
Chips

Corn, Baby Carrots
Mixed Fruit, Apple Juice

29 Spaghetti w/
Meatsauce
Bologna and Cheese
Sandwich
Cobb Salad w/ Goldfish

Green Beans,
Tomatoes
Applesauce, Fresh
Apple

30 Cheeseburger
Tuna Sandwich
Popcorn Chicken
Salad w/ Roll

Tater Tots, Celery
Strawberry Cup,
Orange Juice

1 Cheese Pizza
Turkey and Cheese
Sandwich
Fruit and Yogurt
Salad w/ Roll

Veggie Beans,
Cucumbers
Diced Peaches,
Fresh Orange

4 Chicken Patty
Turkey and Cheese
Wrap
Egg Chef Salad w/
Goldfish

Green Beans,
Tomatoes
Applesauce, Fresh
Apple

5 Turkey and Gravy over
Mashed Potatoes
Ham and cheese
Sandwich
Beef Nacho Salad w/
Chips

Mashed Potatoes, Corn
Fresh Orange, Apple Juice

6 Hot Dog
Bologna and Cheese
Sandwich
Cobb Salad w/
Goldfish

French Fries, Corn
Diced Pears, Fresh
Pear

7 Grilled Cheese w/
Tomato Soup
Tuna Sandwich
Popcorn Chicken
Salad w/ Roll

Green Beans, Baby
Carrots
Fresh Apple, Orange
Juice

8 Cheese Pizza
Turkey and Cheese
Sandwich
Fruit and Yogurt Salad
w/ Goldfish

French Fries, Corn
Applesauce, Fresh
Orange



12 Popcorn Chicken w/ Roll
Ham and Cheese
Sandwich
Beef Nacho Salad w/
Chips

Broccoli, Tomatoes
Mixed Fruit, Apple Juice

13 Cheese Pizza Sticks
Bologna and Cheese
Sandwich
Cobb Salad w/ Roll

Baby Carrots, Celery
Diced Peaches, Fresh Apple

14 Chicken Nuggets
Tuna Sandwich
Popcorn Chicken Salad
w/ Roll

Veggie Beans,
Cucumbers
Mixed Fruit, Fruit Juice

15 Cheese Pizza
Turkey and Cheese
Sandwich
Fruit and Yogurt Salad
w/ Goldfish

French Fries, Corn
Applesauce, Fresh
Orange

18 Soft Shell Beef Tacos
Turkey and Cheese
Wrap
Egg Chef Salad w/ Roll

Rice, Tomatoes
Mixed Fruit, Fresh Pear



20 Corndog
Bologna and Cheese
Sandwich
Cobb Salad w/ Roll

Tater Tots, Baby
Carrots
Diced Peaches, Fresh
Pear

21 Cheeseburger
Tuna Sandwich
Popcorn Chicken Salad
w/ Roll

Broccoli, Green Pepper
Strips
Mixed Fruit, Fruit Juice

22 Cheese Pizza
Turkey and Cheese
Sandwich
Fruit and Yogurt

Veggie Beans,
Cucumbers
Diced Peaches, Fresh
Orange

25 Chicken Patty
Turkey and Cheese
Wrap
Egg Chef Salad w/
Goldfish

Green Beans,
Tomatoes
Applesauce, Fresh
Apple

26 Pancakes w/ Sausage
Ham and Cheese
Sandwich
Beef Nacho Salad w/
Chips

Hashbrown, Baby
Carrots
Mixed Fruit, Fruit Juice

27 3 Nuggets and 1/2 Slice
Pizza
Bologna and Cheese
Sandwich
Cobb Salad w/ Roll

Tater Tots, Corn
Diced Peaches, Fresh
Pear

28 Taco in a Bag
Tuna Sandwich
Popcorn Chicken
Salad w/ Roll

Mashed Potatoes,
Green Beans
Mixed Fruit, Apple
Juice



Peanut butter and Jelly offered daily

All meals are free for students

Menu is subject to change

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