## North Tonawanda High School Lunch

| 26 | 27 | 28 | 29 | 1 |
| :---: | :---: | :---: | :---: | :---: |
| Beef Nachos Egg Chef Salad w/ Roll <br> Side Salad, Broccoli Assorted Fruit | Buffalo Chicken Flatbread Beef Nacho Salad w/ Chips <br> Celery and Carrot Sticks Assorted Fruit | French Toast Sticks w/ Sausage Chicken Chef Salad w/ Roll <br> Hashbrown, Green Pepper Strips Assorted Fruit | Cheese Pizza Sticks Fruit and Yogurt w/ Goldfish <br> Side Salad, Red Pepper Strips <br> Assorted Fruit | Buffalo Chicken Pizza Popcorn Chicken Salad w/ Roll <br> French Fries, Broccoli Assorted Fruit |
| 4 | 5 | 6 | 7 | 8 |
| BBQ Pulled Pork Sandwich Egg Chef Salad w/ Roll <br> Corn, Red Pepper Strips Assorted Fruit | Lumberjack Bowl Beef Nacho Salad w/ Chips <br> Baby Carrots, Green Peppers Orange Juice Assorted Fruit | Cheeseburger Chicken Chef Salad w/ Roll <br> Veggie Beans, Grape Tomatoes Assorted Fruit | BBQ Chicken <br> Flatbread <br> Fruit and Yogurt w/ Goldfish <br> BBQ Beans, Grape Tomatoes Assorted Fruit | Buffalo Chicken Pizza Popcorn Chicken Salad w/ Roll <br> Grape Tomatoes, Cauliflower Assorted Fruit |
| 11 | 12 | 13 | 14 | 15 |
| Broccoli and Cheese Baked Potato Egg Chef Salad w/ Roll <br> Corn, Grape Tomatoes Assorted Fruit | French Toast Sticks w/ Sausage Beef Nacho Salad w/ Chips <br> Hashbrown, Cauliflower Assorted Fruit | Cheeseburger Chicken Chef Salad w/ Roll <br> Veggie Beans, Grape Tomatoes Assorted Fruit | Chicken and Cheese Quesadilla Fruit and Yogurt w/ Goldfish <br> Side Salad, Green Pepper Strips Assorted Fruit | Buffalo Chicken Pizza Popcorn Chicken Salad w/ Roll <br> Green Beans, Broccoli Assorted Fruit |
| 18 | 19 | 20 | 21 | 22 |
| Taco in a Bag Egg Chef Salad w/ Roll <br> Side Salad, Broccoli Assorted Fruit | Meatball Sub Beef Nacho Salad w/ Chips <br> Baby Carrots, Green Peppers Assorted Fruit | Cheese Pizza sticks Chicken Chef Salad w/ Rol <br> BBQ Beans, Cucumbers Assorted Fruit | Orange Popcorn Chicken over Rice Fruit and Yogurt w/ Goldfish <br> Side Salad, Red Pepper Strips Assorted Fruit | Buffalo Chicken Pizza <br> Popcorn Chicken Salad w/ Roll <br> Grape Tomatoes, Cauliflower Assorted Fruit |
| 25 | 26 | 27 | 28 | 29 |
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Offered Daily:
Peanut Butter and Jelly w/ Cheese stick
Spicy or Plain Chicken Patty
Cheese Pizza
$1 \%$ or Fat Free Milk

## Menu Subject to Change

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