



North Tonawanda High School Lunch

January 2024

1

Happy New Year

2



3

Cheeseburger
Chicken Chef Salad w/
Roll

Veggie Beans, Grape
Tomatoes
Assorted Fruit

4

Chicken and Cheese
Quesadilla
Fruit and Yogurt w/
Goldfish

Side Salad, Green
Pepper Strips
Assorted Fruit

5

Buffalo Chicken Pizza
Popcorn Chicken
Salad w/ Roll

French Fries, Broccoli
Assorted Fruit

8

Taco in a Bag
Egg Chef Salad w/ Roll

Tater Tots, Broccoli
Assorted Fruit

9

Pasta w/ Meat sauce
Beef Nacho Salad w/
Chips

Baby Carrots, Green
Peppers
Orange Juice
Assorted Fruit

10

Hot Dog
Chicken Chef Salad w/
Roll

BBQ Beans,
Cucumbers
Assorted Fruit

11

Wachos
Fruit and Yogurt w/
Goldfish

Side Salad, Red
Pepper Strips
Assorted Fruit

12

BBQ Chicken Sandwich
Popcorn Chicken Salad
w/ Roll

Grape Tomatoes,
Cauliflower
Assorted Fruit

15



16

Buffalo Chicken
Flatbread
Beef Nacho Salad w/
Chips

Celery and Carrot Sticks
Apple Juice
Assorted Fruit

17

Cheeseburger
Chicken Chef Salad w/
Roll

French Fries,
Cauliflower
Assorted Fruit

18

Chicken and Cheese
Quesadilla
Fruit and Yogurt w/
Goldfish

French Fries,
Cucumbers
Assorted Fruit

19

Buffalo Chicken Pizza
Popcorn Chicken
Salad w/ Roll

French Fries, Broccoli
Assorted Fruit

22

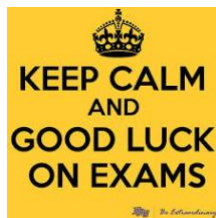
Beef Nachos
Egg Chef Salad w/ Roll

Side Salad, Broccoli
Assorted Fruit

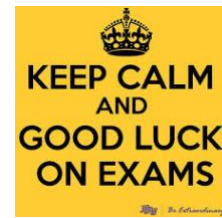
23



24



25



26



29

BBQ Pulled Pork
Sandwich
Egg Chef Salad w/ Roll

Corn, Red Pepper
Strips
Assorted Fruit

30

Lumberjack Bowl
Beef Nacho Salad w/
Chips

Baby Carrots, Green
Peppers
Orange Juice
Assorted Fruit

31

French Toast Sticks w/
Sausage
Chicken Chef Salad w/
Roll

Hashbrown, Green
Pepper Strips
Assorted Fruit

1

BBQ Chicken
Flatbread
Fruit and Yogurt w/
Goldfish

BBQ Beans, Grape
Tomatoes
Assorted Fruit

2

Buffalo Chicken Pizza
Popcorn Chicken Salad
w/ Roll

Veggie Beans, Carrots
Assorted Fruit

Offered Daily:

Peanut Butter and Jelly w/ Cheese stick
Spicy or Plain Chicken Patty
Cheese Pizza
1% or Fat Free Milk

Menu Subject to Change

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