

NIAGARA FRONTIER LEAGUE



WINTER SPORTS SEASON PROCEDURES

LEWISTON-PORTER

Boys & Girls Basketball

- 1) All players and Coaches must wear a facemask that covers their nose and mouth at all times while in the building unless they are on the court during game play.* **Bandannas, Gator Masks, or Only Plastic Shields will not be acceptable coverage.**
- 2) Visiting Teams are expected to temperature check all staff and students, as well as complete their schools Covid-19 screening questionnaire prior to entering a Lewiston-Porter building.
- 3) Visiting Teams should be dressed and prepared to play basketball with exception to changing into their game shoes.
- 4) Visiting Teams should bring their own basketballs for warm-ups and individual filled water bottles in order to reduce contact spreading.
- 5) There will be NO Locker rooms available to teams at any time.
- 6) Upon arriving to our facility, a chaperone will show visiting teams to their designated area to prepare for play. This designated area will also be used for halftime team meetings.

During Game Play:

- 1) There will be no starting lineups announced, as well as handshakes, large group meetings prior to the start of the game. During the pledge, both teams should be at their designated seat.
- 2) All coaches and players that are not on the court, should remain at their designated seat with their facemask fully covering their nose and mouth.
- 3) If a player needs to check into the game, they should proceed to the score table without their mask on unless they plan to play with their mask on. Prior to checking into the game, the player must sanitize their hands before stepping onto the court.
*A sanitizing station will be available at the score table for each team.
- 4) The player that is coming off the court must sanitize their hands at the score table and then proceed to their designated seat. Once there, they must put their mask on fully covering their nose and mouth.

- 5) 30 Second & 1 Minute Timeouts: Should be conducted with social distancing protocols in mind at all times. It is highly encouraged that the bench players do not gather as a team during timeouts.
- 6) At the conclusion of the game, there will be no handshakes or team huddles. Teams should all mask-up, gather their belongings and leave the gym. Visiting teams should leave the building as soon as possible and get onto their bus. Home players should leave the building and go home.

Boys Swimming & Diving

- 1) All players and Coaches must wear a facemask that covers their nose and mouth at all times while in the building unless they are on the court during game play. * **Bandannas, Gator Masks, or Only Plastic Shields will not be acceptable coverage.**
- 2) Visiting Teams are expected to temperature check all staff and students, as well as complete their schools Covid-19 screening questionnaire prior to entering a Lewiston-Porter building.
- 3) Visiting Teams should be dressed and prepared to swim with exception to taking their warm-ups off.
- 4) Visiting Teams should bring their own individual filled water bottles in order to reduce contact spreading.
- 5) There will be NO Locker rooms available to teams at any time, unless it's an emergency.
- 6) Upon arriving to our facility, a chaperone will show visiting teams to their designated area to prepare for the meet.

During the Meet:

- 1) All swimmers must remain at their designated seat with their mask on until it is their turn to swim. If a swimmer has any questions or issues with the score table or needs clarification, they must go through their coach rather than leaving their designated seating area.
- 2) Swimmers should not anticipate their turn to swim, coaches should call the specific swimmers to the starting blocks in order to avoid congregating.
- 3) Once a swimmer has completed their swim, they should immediately go back to their designated seat, dry off, and place their mask onto their face.
- 4) At the conclusion of the meet, there will be no handshakes or team huddles. Teams should all mask-up, gather their belongings and leave the pool area. Visiting teams should leave the building as soon as possible and get onto their bus. Home team students should leave the building and go home.

NIAGARA WHEATFIELD

Basketball (Gyms)

- *Masks must be worn by everyone at all times. If athletes cannot tolerate masks during competition they do not have to wear a mask.
- *Basketball - JV games will be played at Edward Towne Middle School. Varsity games will be played at NW High School*Basketball – Varsity games only will be livestreamed via Hudl
- *Concession stands will not be available
- *The restrooms across from HS Main gym will be available Please keep six feet of social distancing
- * Halftime –Varsity at HS - Visiting teams can go in the cafeteria bathrooms are available next to Cafeteria. JV at MS – Hallways with bathroom will be available
- * No college or other HS coach’s scouts
- *NW will not supply balls for opposing teams. Please bring your own balls
- *Players chairs will be spread out 6ft apart
- *Please maintain 6ft of social distancing AT ALL TIMES and avoid crowding.
- *Only players, officials and coaches allowed on the courts
- *Please practice appropriate hand washing and hand sanitizing while at the Complex
- *There are hand sanitizing stations throughout gym areas and are also located behind each players bench.
- * Water coolers or stations will not be provided at NW. Please bring your own. Emergency water will be provided if needed.

Boys Swimming & Diving (Pool)

- 1) All athletes must wear a facemask that covers their nose and mouth at all times unless they are in the water. * Bandannas, Gaitor Masks, or Only Plastic Shields will not be acceptable coverage.
- 2) Coaches must wear a facemask at all times.
- 3) Visiting Teams are expected to temperature check all staff and students, as well as complete their schools Covid-19 screening questionnaire prior to entering a Lewiston-Porter building.
- 4) Visiting Teams should be dressed and prepared to swim with exception to taking their warm-ups off.
- 5) Visiting Teams should bring their own individual filled water bottles in order to reduce contact spreading.

6) A Locker room will be available an emergency. This locker room will also have a rest room if needed

7) Go directly to swimming pool area once arrived at NW campus

During the Meet:

1) All swimmers must remain at their designated seat with their mask on until it is their turn to swim. If a swimmer has any questions or issues with the score table or needs clarification, they must go through their coach rather than leaving their designated seating area.

2) Swimmers should not anticipate their turn to swim, coaches should call the specific swimmers to the starting blocks in order to avoid congregating.

3) Once a swimmer has completed their swim, they should immediately go back to their designated seat, dry off, and place their mask onto their face.

4) At the conclusion of the meet, there will be no handshakes or team huddles. Teams should all mask-up, gather their belongings and leave the pool area. Visiting teams should leave the building as soon as possible and get onto their bus. Home team students should leave the building and go home.

NIAGARA FALLS

Basketball

- A. It is an expectation that all visiting teams have taken their team's (coaches, managers, scorekeepers & athletes) temperatures and have completed their schools Covid-19 screening questionnaire prior to boarding the bus for Niagara Falls High school.
- B. All members of the visiting team must wear a facemask that covers their nose and mouth at all times while in the building unless they are on the court during game play. (bandanas, gaiters masks or plastic shields will not be acceptable.)
- C. Visiting teams should be dressed and prepared to play with the exception of changing into their game shoes.
- D. All visiting teams will take the driveway off new road and enter door #3
- E. Upon arriving at our facility, the visiting team will be shown their designated area in the hallway by the upstairs locker room. The visiting team may use the locker to house their team's belongings, however, no more than 4 people may be in the locker room at a time. The same hallway will be used as the team's designated area for halftime.
- F. If there is an overlap and a team is done with their game but their bus is late arriving, the team will be assigned an area until such time as the bus arrives.

During game play:

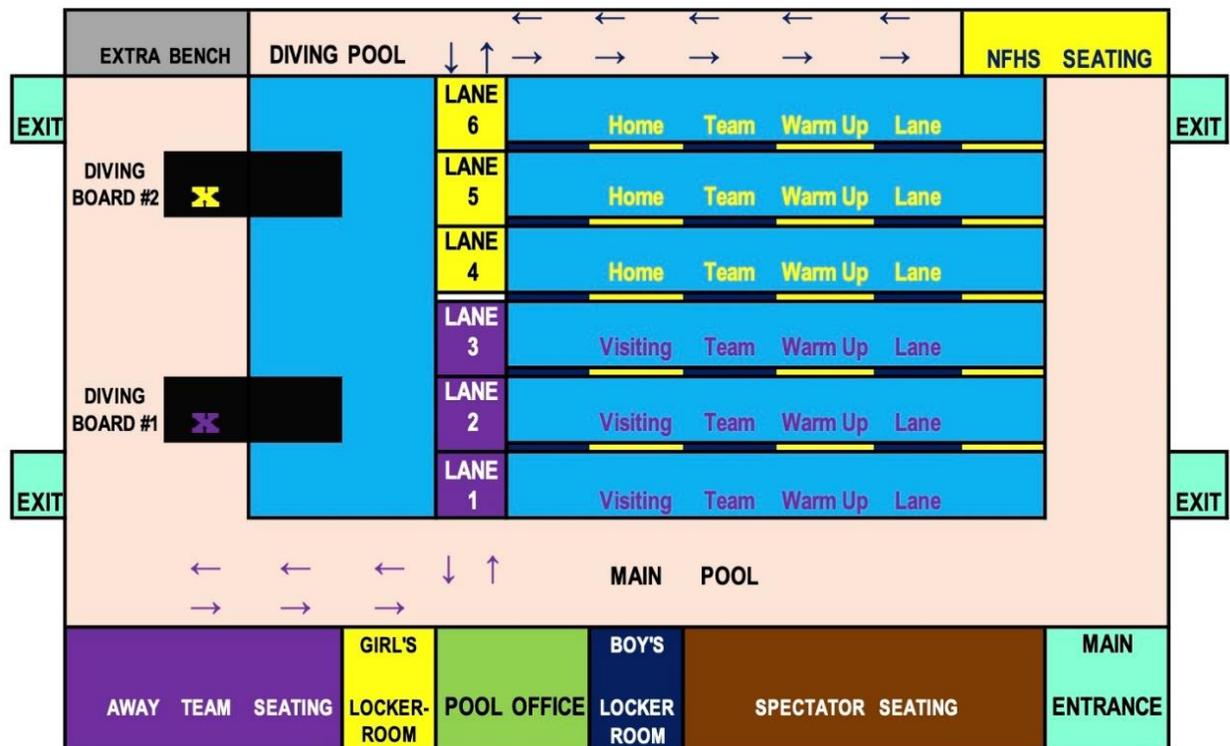
1. Both team chairs will be located at least 6' apart and in staggered rows. It is our expectation that both teams' coaches will assign specific chairs or bench seats to specific players.
2. All coaches and players that are not on the court, should remain at their designated seat with their facemask on.
3. Visiting teams should bring their own basketballs for warm-ups and individual filled water bottles in order to reduce contact spreading. Water will NOT be provided.
4. No handshakes, or large group meetings prior to the start of the game or after the game.
5. If a player needs to check into the game, they should proceed to the score table without their mask on unless they plan to play with their mask on. Prior to checking into the game, the player must sanitize their hands before stepping onto the court. **A sanitizing station will be available at the score table for each team.*
6. The player that is coming off the court must sanitize their hands at the score table and then proceed to their designated seat. Once there, they must put their mask on.

Swimming and Diving - Competition Safety Plan

The following document is designed as a resource for the NFHS athletic department, visiting swim teams, student athletes and parents in response to the recent decision to return to in person competition for the Boy's 2020-2021 season.

The coaches will stick to the CDC and NYSDOH guidelines to ensure that all participants remain safe for the duration of each practice, travel and competition throughout the perspective season.

For Competition:



Competition Guidelines

- Teams will sit on opposite sides and ends of the pool.
- Visiting teams will be encouraged to come to the pool with their suits on under their clothes(NF has been doing this for years)
- Teams will be asked to limit locker room use. (Maximum 6 athletes at one time)
- Each team will have their own walking pathways that they must adhere to.

- Appropriate face coverings must be worn at all times by coaches, officials and non-competing athletes.
- Athletes will be encouraged to bring multiple face coverings in the event one gets wet or damaged as they will have to put one on once they have dried off after exiting the water.
- Teams will not form large groups, perform team cheers, or shake hands at the end of competition.
- If available; all teams, coaches and officials will have access to cleaning materials to be used before and after their use of any part of the facility.
- Concerning warm up: Either splitting of the lanes(see above) or assigned full pool scheduled warm up times will be used.
- Concerning Spectators: at this time, it has been determined that no spectators will be allowed to attend competitions.

It is the goal of the coaching staff to make all attempts to provide a meaningful but most importantly "SAFE" season to the student athletes at NFHS

KENMORE EAST/KENMORE WEST

Basketball

- A)** It is an expectation that all visiting teams have taken their team's (coaches, managers, scorekeepers & athletes) temperatures and addressed the attestation questions PRIOR to boarding the bus for Kenmore.
- B)** Arriving buses should drop off their teams at Door #22 at Kenmore East and Door ### at Kenmore West. Departing buses will pick up their teams at Door # at Kenmore East and at Door # on the Highland side at Kenmore West.
- C)** All members of the traveling party must be in masks and socially distanced entering the facility. Masks remain up throughout.
- D)** If there is an overlap and a team is done with their game but their bus is late arriving, the team will be assigned an area in the bleachers until such time as the bus arrives.
- E)** Restroom facilities will be made available however, no more than two (2) individuals at a time can be in the restroom facility at the same time.
- F)** The visitors should not plan on having access to a locker room, however, if they are assigned a room, no more than four (4) team members at a time should be in the room.
- G)** Our team chairs will be located at least 6' apart and in staggered rows. It is our expectation that the visiting coach will assign specific chairs or bench seats to specific players.
- H)** Visiting teams must bring their own basketballs for warmups.
- I)** We will NOT supply water for visiting teams.
- J)** Visiting players must provide their own water bottle.
- K)** No introductions or shaking hands will take place prior to or after the game.
- L)** As long as we do not have spectators we will not have a public address announcer.
- M)** If the visitors bring a score book, that individual will NOT have a spot at the scorer's table and must instead have a spot in the visiting team area.

Swimming & Diving

[NYSPHAA Swimming & Diving Guidelines](#)

- A)** All NYSPHAA guidelines will be modeled and reinforced.
- B)** It is an expectation that all visiting teams have taken their team's (coaches, managers, scorekeepers & athletes) temperatures and addressed the attestation questions PRIOR to boarding the bus for Kenmore.
- C)** Arriving buses should drop off their teams at Door #13 at Kenmore East.
- D)** All athletes, coaches, personnel, and officials must be in masks and socially distanced entering the facility. Masks remain up throughout. If a mask break is needed, please go to the locker room. Meet personnel should go to the hallway for their mask break.

- E) The visiting teams home “bench” will be be $\frac{2}{3}$ of the previously used spectator pool bleachers. The top two rows should be kept empty as the Camera Operator will be using that area for streaming purposes.
- F) Restroom and changing facilities will be in the visiting team locker room. Visiting coaching staff will monitor in and out of their athletes to minimize numbers of athletes in the locker room.
- G) Visiting teams should bring their own water bottles.
- H) Meet entries should be submitted via Hytek Meet Manager entry or swim cloud entry files.
- I) Masks should be worn until swimmers reach the starting block, then placed in the zip lock bag.
- J) After the event, swimmers should complete their cool down swim, climb out, and put their mask back on.
- K) During relay events, swimmers would stand at markings on the pool deck.

CHARTER SCHOOL FOR APPLIED TECHNOLOGIES

Boys and Girls JV/Varsity Basketball

All games will be held at the Charter Middle School for Applied Technologies located at 24 Shoshone St. Buffalo, NY 14214

General Information

- Visiting teams must have been temperature scanned and completed their daily COVID screening questions before arrival at CMSAT.
- Visiting teams will enter through Door #4 at CMSAT wearing a face covering and remain socially distanced.
 - Face coverings can include a cloth-based face covering and disposable masks that cover both the mouth and nose. Gaiters are not acceptable.
- Locker rooms are not available. Student athletes should come dressed to participate upon arrival.
- Restrooms will be made available for visiting team personnel.
- Water stations will not be provided. Student athletes should bring adequate water needed for the duration of the game.
- Visiting teams should bring their own basketballs for warmups.
- The visiting book must be kept on the visitor's bench. When comparing books, this should be done while observing social distance.

Contest Information

- Student athletes are expected to remain at their designated seat on their team's bench during the national anthem. Game will begin immediately after.
- All coaches and student athletes not in the game are required to remain at their pre-assigned seat, six feet apart, with a face covering on.
- Student athletes should report to their respective end of the score table to check into the game. A face covering should be removed prior to checking in at the table.
- Student athletes should hand sanitize before entering the game or upon removal of the game.
- Once a student athlete comes off the court of play, he or she should immediately put on a face covering.
- Teams will be escorted to designated areas of the facility for halftime conferences.
- Time outs should be conducted following all social distancing guidelines. Unless in the game, it is recommended that players do not congregate as a team during this time.
- Once the game had ended, all team personnel should ensure that face coverings are on properly. Teams should gather their personnel belongings and follow the CSAT escort out of the gym.

GRAND ISLAND

ALL VISITING TEAMS WILL TAKE DRIVEWAY #5 AND ENTER DOOR #21

Boys & Girls Basketball

1. All players and coaches must wear a facemask that covers their nose and mouth at all times while in the building unless they are on the court during game play. **Bandanas, gator masks or plastic shields will not be acceptable.*
2. Visiting teams are expected to temperature check all staff and students, as well as complete their school Covid-19 screening prior to entering a Grand Island building.
3. Visiting teams should be dressed and prepared to play basketball with exception to changing into their game shoes.
4. Visiting teams should bring their own basketballs for warm-ups and individual filled water bottles in order to reduce contact spreading.
5. There will be NO locker rooms available to teams at any time.
6. Upon arriving to our facility, a chaperone will show visiting teams to their designated area to prepare for play. This designated area may also be used for halftime.

During Game Play:

1. We will announce starting line-ups, but NO handshakes, large group meetings prior to the start of the game. During the pledge, both teams should be at their designated seat.
2. All coaches and players that are not on the court, should remain at their designated seat with their facemask.
3. If a player needs to check into the game, they should proceed to the score table without their mask on unless they plan to play with their mask on. Prior to checking into the game, the player must sanitize their hands before stepping onto the court. **A sanitizing station will be available at the score table for each team.*
4. The player that is coming off the court must sanitize their hands at the score table and then proceed to their designated seat. Once there, they must put their mask on.
5. 30 second and 1 minute timeouts: Should be conducted with social distancing protocols in mind at all times. It is highly encouraged that the bench players do not gather as a team during timeouts.
6. At the conclusion of the game, there will be no handshakes or team huddles. Teams should all mask up, gather their belongings and leave the gym. Visiting teams should leave the building as soon as possible and get onto their bus. Home players should leave the building and go home.
7. During JV game, varsity players will be escorted to a designated area until the JV game is over.

NORTH TONAWANDA

Boys and Girls Basketball

- 1) All players and Coaches must wear a facemask that covers their nose and mouth at all times while in the building unless they are on the court during game play.
*** Bandannas, Gaiter Masks, or Only Plastic Shields are not acceptable coverage.**
- 2) Visiting teams are expected to complete the COVID screening and temperature checks of all staff and students prior to entering the NT athletic building.
- 3) There will be NO Locker rooms available, visiting teams should be dressed and prepared to play basketball with exception to changing into their game shoes.
- 4) Bathrooms will be available in the foyer area if needed. Please follow social distancing guidelines.
- 5) Visiting teams should bring their own basketballs for warm-ups and individual filled water bottles in order to reduce contact spreading.
- 6) Upon arriving to the facility, visiting teams should report directly to their bench area. The designated area behind the bench will be used for halftime team meetings.

During Game Play:

- 1) There will be no starting lineups announced, as well as handshakes, large group meetings prior to the start of the game. Prior to the game starting both teams should be at their designated bench.
- 2) All coaches and players that are not on the court, should remain at their designated bench with their facemask fully covering their nose and mouth.
- 3) When a player checks into the game, they should report to the score table without their mask on unless they plan on playing with their mask on. Prior to checking into the game, the player must sanitize their hands before stepping onto the court.
***A sanitizing station will be available at the score table for each team.**
- 4) The player that is coming off the court must sanitize their hands at the score table and then proceed to their designated bench. Once there, they must put their mask on fully covering their nose and mouth.
- 5) 30 Second & 1 Minute Timeouts: Should be conducted with social distancing protocols in mind at all times. It is highly encouraged that the bench players do not gather as a team during timeouts.
- 6) At the conclusion of the game, there will be no handshakes or team huddles. Teams should all mask-up, gather their belongings and leave the gym. Visiting teams should leave the building as soon as possible and get onto their bus. Home players should leave the building and go home.

Boys Swimming and Diving

- 1) All players and Coaches must wear a facemask that covers their nose and mouth at all times while in the building unless they are on the court during game play.
*** Bandannas, Gaiter Masks, or Only Plastic Shields are not acceptable coverage.**

- 2) Visiting teams are expected to complete the COVID screening and temperature checks of all staff and students prior to entering the NT athletic building.
- 3) There will be NO Locker rooms available, visiting teams should be dressed and prepared to swim with exception to taking their warm-ups off.
- 4) Visiting Teams should bring their own individual filled water bottles in order to reduce contact spreading.
- 5) Bathrooms will be available for use to individuals if needed.
- 6) Upon arriving to the facility, visiting teams should report directly to their designated area to prepare for the meet.

During the Meet:

- 1) All swimmers must remain at their designated seat with their mask on until it is their turn to swim. If a swimmer has any questions or issues with the score table or needs clarification, they must go through their coach rather than leaving their designated seating area.
- 2) Swimmers should not anticipate their turn to swim, coaches should call the specific swimmers to the starting blocks in order to avoid congregating.
- 3) Once a swimmer has completed their swim, they should immediately go back to their designated seat, dry off, and place their mask onto their face.
- 4) At the conclusion of the meet, there will be no handshakes or team huddles. Teams should all mask-up, gather their belongings and leave the pool area. Visiting teams should leave the building as soon as possible and get onto their bus. Home team students should leave the building and go home.

LOCKPORT

Lockport Athletes -

- Questionnaire – must be filled out every day by athletes before every practice or game
- All players and coaches must wear a facemask that covers their nose and mouth at all times while in the building unless they are on the court during game play. *Bandannas, gaiter masks or only plastic shields will not be acceptable coverage.
- Hydration – athletes are responsible for bringing their own filled water bottle, they must not be shared
- You must see your coach and get permission before proceeding to the athletic training room
- Arrive to practice no more than 5 minutes prior to start time
- You must get a temperature check by the coach upon arrival

Lockport Coaches -

- Masks are required at all times
- Responsible for keeping kids distanced on sidelines
- Must take temperatures of each athlete before every practice and every game

Opposing Team -

- Upon arrival coach and team should check in with the opposing coach
- Make sure all players have been screened and temp checked before proceeding

Spectators – (if/when allowed - Per Section VI there will be no spectators allowed at any game, meet or match at this time)

- Limit of 2 spectators per player and must have a Niagara Frontier League Spectator Athletic Pass for entrance to the game – all spectators will be required to show pass and sign in
- Masks must be worn at all times
- No standing – should be seated in stands
- Upon completion of game everyone must leave building – no gatherings will be allowed

Locker Rooms -

- There will be no locker rooms available – all players will need to come dressed ready to play
- Halftime will be in designated hallways

Transportation -

- All athletes are required to find their own rides to and from practice
- Bussing will be provided for away games only - athletes are responsible to find their own transportation to and from bus pick up at LHS

Basketball -

- Visiting teams should be dressed and prepared to play basketball with the exception to changing into their game shoes
- Upon arriving to our facility, a chaperone will show visiting teams to their designated area to prepare for play. This designated area will also be used for halftime meetings.
- All Varsity teams will enter through Door 7 and all JV teams will enter through Door 3B

Boys Swimming & Diving –

- Own bathroom facilities
- Visiting teams should be dressed and prepared to swim with the exception to taking their warm-ups off
- Upon arriving to our facility, a chaperone will show visiting teams to their designated area to prepare for the meet
- All swimmers must remain at their designated seat with their mask on until it is their turn to swim
- Swimmers should not anticipate their turn to swim, coaches should call the specific swimmers to the starting blocks in order to avoid congregating
- Once a swimmer has completed their swim, they should immediately go back to their designated seat, dry off and place their mask on their face