

## NTMS Cool Tools Behavioral Lesson Plan

**Universal Expectation:** Respect Environment

**Name of the Skill/Setting:** Clean up after yourself- cafeteria

### **Purpose of the lesson/Why it's important:**

- Teach students to respect spaces they use.
- To be invited back to spaces and for you to be seen as a respectful young adolescent.
- Lifelong skill.

### **Teaching Examples:**

1. A piece of orange skin flies through the air and lands on the table. You think it would be fun to throw it back but you know that throwing food is not appropriate. So you pick it up and put it on your tray to throw it away when you are done.
2. A friend gets called away at lunch to talk with another adult. You notice that their tray is still sitting on the table, you pick it up to help out your friend.
3. (Negative) You finish eating lunch, but another student takes some of your fries. Since the other student ate off your tray, you leave it sit on the table.

### **Kid Activities/Role-Plays:**

- Discuss why you should clean your food and space at lunch. (The saliva is your own! Even if it ends up on the ground.)
- Talk about maturity of throwing food around, do you see adults doing this? What would that say about them?
- Discuss consequences that happen when cafeteria is left in a mess.

### **Follow-Up Reinforcement Activities:**

- Catch them doing the right thing rewards.
- Students get more freedom at lunch.